

Gastro York

Whether it's a **Yorkshire pudding and roast beef** dinner with all the trimmings, a cappuccino and a muffin, a **'fat rascal'** biscuit and pot of tea or simply a convivial pint in a traditional pub, you'll find no shortage of fine fayre and desirable drinks on a visit to York – a city which was recently crowned the **best gastro destination in the UK** and fifth best in Europe by Trip Advisor, the largest on line travel review site (Oct 2011)

Indulge yourself

The Yorkshire sweet tooth is in evidence throughout the city, and it's no surprise to learn that the York is the home of the famous chocolate firm **Rowntree's** and until recently, **Terry's**. There are those who claim that cinnamon toast and 'fat rascals' (they're a sublime cross between a scone and a biscuit, studded with almonds and cherries) can't be beaten, and when enjoyed in the refined surroundings of **Betty's Tearoom**, or the Tudor magnificence of **Mulberry Hall** in Stonegate, word has it they taste even better.

Café society

A chic café/coffee society also thrives in the city, with every kind of caffeine under the sun available at an ever-increasing number of coffee houses. Various Starbucks, Café Concerto and several more in the pipeline...you need never be more than a couple of minutes from a latte or mocha.

Top Tips For Places to Eat...

For Good Value And Tasty Food

Café Concerto

21 High Petergate, York

Tel: 01904 610478, website: www.cafeconcerto.biz

Opened in 1993, Café Concerto offers a simple, tasty Bistro menu with informal surroundings and cosy atmosphere. It is right opposite York Minster and has the best cappuccinos and lunches in York... It has established a huge reputation for fine food and relaxed continental atmosphere. Café during the day, restaurant in the evening.

Melton's Too

25 Walmgate, York

Tel: 01904 629222, website: www.meltonstoo.co.uk

The sister restaurant to Melton's offers a less formal laid-back atmosphere. The restaurant spans three storeys of a former saddlers and harness makers – keen eyed diners will note the horses head sculpture

adorning the building and the saddle hanging from the ceiling inside. You will find traditional Yorkshire Wensleydale and homemade chutney sandwich sitting alongside and great selection of tapas. Main meals are reasonably priced and quite exquisite.

For real Spanish Tapas and great atmosphere:

FI Piano

15-17 Grape Lane, York

Tel 01904 610676, website: www.el-piano.com

Small, cosy and informal, this excellent restaurant serves a wide variety of vegetarian food. Anything from tapas and quiche, to authentic Latin American dishes. Run by Spanish owner, feels like a Spanish bohemian home.

For Fine Dining

Melton's Restaurant

7 Scarcroft Road, York

Tel: 01904 634341, website: www.meltonsrestaurant.co.uk.

Set in a converted Victiorian house, Melton's has a reputation for being one of the best restaurants in York. It is sister restaurant to Melton's Too but more upmarket. It serves Anglo-French food, cooked by Roux trained chef Michael Hjort. Two AA rosettes.

Blue Bicycle Restaurant

34 Fossgate, York

Tel: 01904 673990, website: www.thebluebicycle.com.

Small, intimate, with a wonderfully relaxed atmosphere – not posh, but expensive. Highly commended for fresh fish dishes, home-made desserts and an excellent wine list. Once a brothel, the design of the Blue Bicycle capitalises on its "blue" history, and employs some voluptuous nudity in the décor – but all in the best possible taste, of course. Has an excellent reputation in the city.

Nineteen – 19 Grape Lane

Tel: 01904 636366

www.nineteenyork.com

Ran by award winning chef Phil Upton, Nineteen is a fantastic restaurant on two floors overlooking the Minster Quarter offering dining in informal, intimate surroundings. All food is sourced locally using local suppliers to create a simple British menu with a modern twist.

For sheer luxury

Middlethorpe Hall

Bishopthorpe Road, York

Tel: 01904 641241, website: www.middlethorpe.com.

With 3 AA Red Stars and an RAC Gold Ribbon award, Middlethorpe Hall and Spa, is a distinguished William III house in 20 acres of peaceful gardens just 5 minutes outside the city centre. Built in 1699, this was the home of the famous diarist Lady Mary Wortley Montagu. It offers fine dining with table d'hôte lunches and gourmet 3 course dinner menus.

For fun atmosphere and tasty food at reasonable prices

Plunkets Restaurant

9 High Petergate, York

Tel: 01904 637722, website: www.plunkets.co.uk

Plunkets is a lively candlelit restaurant offering a wide range of Mexican and South West American dishes in a superb setting in the shadow of the great Minster. Make sure you go upstairs to the bar for a drink – beautiful old bar, real fires in the winter.

For A Quirky Take on Traditional English Food

The Lime House

55 Goodramgate, York

Tel: 01904 632734, website: www.limehouserestaurant-york.co.uk

This award-winning restaurant is in the centre of York, 2 minutes from the Minster, King's Square and The Shambles. Excellent food and wine and a relaxed, friendly atmosphere go hand in hand. Welcoming staff, soft lighting, candles and intimate music all enhance a delightful culinary experience.

As for pubs, there is reputedly one for every day of the year – although admittedly not all with quite the pedigree of the **Royal Oak** on Goodramgate, which has been a family-run inn since the 16th century.

For a luxury afternoon tea...

Betty's Café Tea Rooms

St Helen's Square, York

Tel: 01904 659142, website www.bettysandtaylors.co.uk.

World-renowned tea rooms with continental atmosphere. Yorkshire and Swiss specialities and a shop full of delicious produce to take home. Expensive but you can't leave York without a visit to Betty's...

For Pre-Theatre Meal and Drink

Theatre Royal Café Bar & Restaurant

St Leonards Place, York Tel: 01904 658162

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www.theatre-royal-york.co.uk

Situated in the very heart of York, it serves tasty lunches and delicious dinners in welcoming surroundings – why not try out a pre-show supper.

For Superb Riverside Views

The City Screen

13-17 Coney Street, York

Tel: 01904 541144, website: www.picturehouses.co.uk/cinema/York Picturehouse Mediterranean style food, very tasty, snack food menu, beautiful riverside views...

More Cafés & restaurants to try...

31 Castlegate

31 Castlegate, York

Tel: 01904 621404, website: www.31castlegate.co.uk

This former Georgian home ideally located next to Clifford's Tower serves contemporary European cuisine in impressive period surroundings. Seasonal ingredients and local produce make up a constantly changing menu. Open throughout the day for tempting light bites, the first floor dining room is transformed in the evening with soft candlelight.

Cafe No 8 Bistro

8 Gillygate, York

Tel: 01904 653074, website www.cafeno8.co.uk

A small restaurant, that mixes period features with modern decor. Has a menu which changes seasonally as all ingredients are fresh and sourced locally.

Cloistures Resturant

Monkbar Hotel

St Maurice's Road, York

Tel: 01904 638086

A delightful restaurant at the heart of York offering an imaginative choice of menu at affordable prices.

Coach House

20-22 Marygate,

Tel: 01904 652780, website www.coachhousehotel-york.com

Carriages Restaurant offers a home cooked range of fresh Yorkshire produce, which caters for all tastebuds.

Dean Court Hotel Restaurant

Duncombe Place, York

Tel: 01904 625082, website www.deancourt-york.co.uk.

This restaurant is stylish, contemporary and elegant, with some superb design features, as well as great views of the Minster. Having been re-launched in February 2004, it has been awarded two AA Rosettes and the RAC Double Dining Award.

Delrios

10 Blossom Street, York

Tel: 01904 622695 website: www.delriosrestaurant.com

Delrio's Restaurant offers an extensive blend of classic and popular Italian and Mediterranean-style dishes within a very characteristic and intimate atmosphere.

Drakes Fish and Chip Restaurant

97 Low Petergate, York

Tel: 01904 624788

There is nothing more British than a delicious serving of Yorkshire's Finest Fish & Chips

EL Piano

Cafe, Resturant and Bazaar

17 Grape Lane York

Tel: 01904 610676 website: www.el-piano.com

Specialises in catering for restricted diets and welcomes all ages at all times.

The Grange Hotel & Restaurants

1 Clifton, York

Tel: 01904 644744, website www.grangehotel.co.uk.

Two restaurants to choose from: the AA 2 Rosette Ivy Brasserie and The New York Grill, all within walking distance of the Minster.

Kings Ransom Indian Restaurant

12a King Street, York, website: www.kings-ransom.co.uk.

Tel: 01904 632886

A small restaurant with a big reputation. With its warm welcome, great atmosphere and exquisite food, it offers fine Indian cuisine within walking distance of the river and Grand Opera House.

Lady Anne Middleton's

Skeldergate, York

Tel: 01904 611570, website www.ladyannes.co.uk.

Beamed conservatory restaurant overlooks delightful gardens, English style cuisine with a hint of modernity. Dishes are based on local, national and international cuisine, the emphasis being the use of locally produced fresh food.

Marriott Hotel's Restaurant & Brasserie

Tadcaster Road, York

Tel: 01904 701000

Ridings Restaurant enjoys superb views over York Racecourse and Cooks Brasserie offers a selection of lighter snacks.

Maxi's Restaurant

Ings Lane, Nether Poppleton

Tel: 01904 783898, website: www.maxi-s.co.uk

From aromatic crispy duck and sizzling Cantonese-style fillet steak, Maxi's offers the finest Cantonese and Peking cuisine with fabulous surroundings.

Mumbai Lounge

47 Fossgate, York

Tel: 01904 654155, website: www.mumbailoungeyork.co.uk

Offering Indian & Bangladeshi Cuisine in York. Whether you're looking for quality cuisine or a fun night out for all the family you'll always find a fast, friendly service waiting for you.

The Old Siam

126 Micklegate, York

Tel: 01904 635162, website www.theoldsiamyork.co.uk

Situated in historic Micklegate close to the Bar, The Old Siam's friendly staff provide a warm Thai welcome. This is a very popular traditional restaurant specialising in delicious high quality authentic Thai cuisine.

The Olive Tree

10 Tower Street, York

Tel: 01904 624433, website: www.theolivetreeyork.co.uk

Established restaurant overlooking Clifford's Tower and The Castle Museum. Visited by many famous people. Great reputation in York, informal, stylish Mediterranean type restaurant.

Oscars Wine Bar & Bistro

27 Swinegate, York

Tel: 01904 652002 Website www.oscarswinebar.com

Friendly city centre wine bar that offers a wide range of quality bistro dishes. Now with a late night menu available from 10pm to 11:30pm, which offers great drinks and nibbles.

Parsonage Country House Hotel

Main Street, Escrick, York

Tel: 01904 728111, website: www.parsonagehotel.co.uk.

The Lascelles Restaurant has now been awarded 2 AA rosettes. Table d'hôte and a la carte menus available, plus light lunches and afternoon teas served in the magnificent conservatory.

Royal York Hotel

Station Parade, York

Tel: 01904 653681, website www.royalhotelyork.co.uk Sample traditional fayre offered in luxurious surroundings.

Russells Restaurants

26 Coppergate, York

Tel: 01904 638857, website www.russells-restaurants.com.

Traditional British Carvery restaurants. Famous for high quality food, wine and service at value for money prices.

Starbucks

Coppergate Centre, York

Tel: 01904 674418

Tempting cakes and pastries with various sorts of coffees, hot chocolates and teas with very comfortable surroundings to unwind in.

Tykes Restaurant

Scotchman Lane, Flaxton, York

Tel: 01904 46991, website: www.sandburnhall.co.uk/tykes/index.html

Relax in the warm, friendly atmosphere of this barn conversion whilst you enjoy an excitingly different dining experience with superb fish and steaks grilled to perfection in an open theatre kitchen.

Wetherby Whaler

Ings Lane, Nether Poppleton

Tel: 01904 784500, website www.wetherbywhaler.co.uk.

Traditional British fish & chips – cooked to order with a smile and pleasant surroundings.

The Worsley Arms Hotel

Hovingham

Tel: 01653 628234, website www.worsleyarms.co.uk

Set in the picturesque village of Hovingham, just twenty minutes north of York, the Worsley Arms offers enjoyable food with high standards of service. It has 2 AA rosettes.

York Festival of Food and Drink, September every year

This major annual event celebrates the outstanding quality of York fare, and in a ten-day extravaganza of speciality markets, celebrity cookery demonstrations, themed dinners and tasting, allows visitors and locals alike to eat, drink and be very merry! It is the largest event of its kind in the UK, and a massive showcase for the restaurants, hotels, shops and food manufacturing companies.

Press contact: Michael Hjort, email: mh@yorklhospitality.co.uk,

Website: www.yorkfestivaloffoodanddrink.com

For any further information and your free guide to York, please contact: York Visitor Information Centre, Tel: 01904 621756, email: info@visityork.org or visit the website at www.visityork.org.

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